

**RITE FOR DISTRIBUTING HOLY COMMUNION
OUTSIDE OF MASS**

Begin with the Sign of the Cross

A Reading from the Gospel of John.

(John 6:54-55)

Jesus said:

“He who feeds on my flesh and drinks my blood
has life eternal,
and I will raise him on the last day.
For my flesh is real food
and my blood real drink.

The Word of the Lord.

Response: Thanks Be to God.

Let us pray with confidence to the Father in the words our Savior gave us:

Our Father...

Hold up the Sacred Host and say:

This is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to His Supper.

***Response: Lord, I am not worthy to receive you,
but only say the word and I shall be healed.***

Distribute Communion. A brief silence may be observed.

Let us pray.

Lord, we thank you for the nourishment you give us
through your Holy Gift.
Pour out your Spirit upon us
and, in the strength of this Food from heaven,
keep us single-minded in your service
We ask this in the name of Jesus the Lord.

Response: Amen.

End with the Sign of the Cross